



Active Connections  
for Long Term  
Health

## 2023 goals

- 1. A comprehensive, systematised and visible record/register of community partners**, who meet all of the necessary governance, assurance and safety requirements, and who do/could help people to be more active
- 2. Lifestyle Hub dedicated advisor capacity for Ribble Valley** who knows and utilises the system, to connect people to the relevant provider based on need/interest
- 3. A referral process trialled successfully with the CAN network** resulting in CAN network partners referring into the Ribble Valley Lifestyle Hub Pathway

## 2024 goals

- 1. Huge upskilling programme (for those partners who need it) to gain level 3 accreditation** in order to become trusted physical activity partners and receive referrals / signposting
- 2. Expand the Active Connections referral process into key health and wellbeing organisations in the Ribble Valley** inc MINDS Matter, Age UK, East Lancs Hospitals Trust (pulmonary rehab, vascular, MSK), Castle Supported Living

## 2025 goals

- 1. Further expand the Active Connections referral process into Primary Care and Integrated Neighbourhood Teams**
- 2. Secure commissioning of this long term** (potentially through partnership contributions based on value perceived / received)

## Ribble Valley Accelerator Workstream Goals



**A Whole  
Village  
Approach to  
Physical  
Activity**  
  
("It takes a  
village")

## 2023 goals

**1. Dunsop Bridge as the trailblazer for the Active Villages work, is demonstrably and measurably (based on a full evaluation) a more active village;** which includes –

- GP's making direct referrals to physical activity opportunities
- The school is signed up to the CAS Framework and as a result have introduced at least 1 change in to the school day that means more children are more active
- The Local Community hub has introduced changes both in the physical activity offer within and from the centre
- There are more physical activity opportunities than there were before in and around the village and / or more people accessing this provision

**2. Development of the Active Village model/criteria that is the foundation for expansion of the Active Village Network.**

This is likely to include targeting specific change at -

- GP / Primary Care approaches / referrals
- School / education settings 'in-school' activities
- Utilisation of village halls / community centres
- A 'space' where people find out about PA opportunities
- Opening of green spaces / facilities to enable more physical activity
- an annual village games

## 2024 goals

**1. Three more villages are 'active villages'**

**2. Launch of the Active Village Network**

**3. Active Village accreditation** (potential endorsement/ support from RVBC and/or SE) developed and awarded to those who have become Active Villages, by successfully the delivering the Active Village model

## 2025 goals

**1. All of the rural villages in Ribble Valley are part of the RV Active Village Network and have been accredited**

**2. Active Village Networks to work together to move towards an 'Active Ribble Valley'**

**3. TV show launched** - 12 months in an active village life - "It Takes a Village"

**Ribble Valley Accelerator Workstream Goals**